

| LUNEDI'                          | MARTEDI'                        | MERCOLEDI'                       | GIOVEDI'                         | VENERDI'                         | SABATO |
|----------------------------------|---------------------------------|----------------------------------|----------------------------------|----------------------------------|--------|
| 9 - 10.15<br>VINYASA YOGA ★★     |                                 |                                  | 9 - 10.15<br>VINYASA YOGA ★★     |                                  |        |
| 13 - 14<br>VINYASA YOGA ★★★      | 13 - 14<br>VINYASA YOGA ★★      | 13 - 14<br>VINYASA YOGA ★★★      | 13 - 14<br>VINYASA YOGA ★★       | 13 - 14<br>VINYASA YOGA ★★★      |        |
| 13 - 14<br>VINYASA YOGA ★        |                                 | 13 - 14<br>VINYASA YOGA ★        |                                  | 13 - 14<br>VINYASA YOGA ★        |        |
|                                  | 17.30 - 18.30<br>VINYASA YOGA ★ |                                  |                                  | 17.30 - 18.30<br>VINYASA YOGA ★★ |        |
| 18.30 - 19.30<br>VINYASA YOGA ★★ |                                 | 18.30 - 19.30<br>VINYASA YOGA ★★ | 18.30 - 19.30<br>VINYASA YOGA ★★ |                                  |        |
|                                  | 19 - 20<br>VINYASA YOGA ★       |                                  |                                  |                                  |        |
| 19.30 - 21<br>VINYASA YOGA ★★★   |                                 | 19.30 - 21<br>VINYASA YOGA ★★★   |                                  |                                  |        |