

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
9 - 10.15 VINYASA YOGA ★★ ROSALBA			9 - 10.15 VINYASA YOGA ★★ ROSALBA 12 - 13 YOGA GRAVIDANZA ROSALBA		10 - 11 VINYASA YOGA ★★
13 - 14 VINYASA YOGA ★★★ ROSALBA 13 - 14 VINYASA YOGA ★ DANIELA B.	13 - 14 VINYASA YOGA ★★ GABRIELLA	13 - 14 VINYASA YOGA ★★★ ROSALBA 13 - 14 VINYASA YOGA ★ ROSSELLA	13 - 14 VINYASA YOGA ★★ GABRIELLA	13 - 14 VINYASA YOGA ★★★ ROSALBA 13 - 14 VINYASA YOGA ★ LAURA/DANIELA	
	15 - 16 VINYASA YOGA ★★ GABRIELLA 17.30 - 18.30 VINYASA YOGA ★ DANIELA 18.30 - 19.30 VINYASA YOGA ★★ DANIELA 18.30 - 19.20 TEEN YOGA GIOVANI ROSSELLA 19.30 - 21 VINYASA YOGA ★★★ ROSALBA			15 - 16 VINYASA YOGA ★★ GABRIELLA 17.30 - 18.30 VINYASA YOGA ★★ DANIELA B.	
	18.30 - 19.45 STILE CLASSICO GABRIELLA 19 - 20 VINYASA YOGA ★ DANIELA 19.45 - 20.45 PILATES ALESSIA	18.30 - 19.30 VINYASA YOGA ★★ LAURA 19.30 - 21 VINYASA YOGA ★★★ ROSALBA	18.30 - 19.30 VINYASA YOGA ★★ DANIELA/GABRIELLA 19.30 - 20.30 VINYASA YOGA ★ DANIELA 19.45 - 21.00 FULL YOGA ★★★ ROSSELLA		