

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
9 - 10.15 <b>VINYASA YOGA</b> ★ ★ ROSALBA		9 - 10.15 <b>VINYASA YOGA</b> ★ SIMONA	9 - 10.15 <b>VINYASA YOGA</b> ★ ★ ROSALBA		10 - 11 <b>VINYASA YOGA</b> ★ ★
13 - 14 <b>VINYASA YOGA</b> ★ ★ ★ ROSALBA	13 - 14 <b>VINYASA YOGA</b> ★ ★ GABRIELLA	13 - 14 <b>VINYASA YOGA</b> ★ ★ ★ ROSALBA	13 - 14 <b>VINYASA YOGA</b> ★ ★ GABRIELLA	13 - 14 <b>VINYASA YOGA</b> ★ ★ ★ ROSALBA/ROSSELLA	<b>DOMENICA</b>
13 - 14 <b>VINYASA YOGA</b> ★ DANIELA B.		13 - 14 <b>VINYASA YOGA</b> ★ ROSSELLA		13 - 14 <b>VINYASA YOGA</b> ★ LAURA/DANIELA	10.30 - 11.30 <b>VINYASA YOGA</b> ★ ★
	15 - 16 <b>VINYASA YOGA</b> ★ ★ GABRIELLA			15 - 16 <b>VINYASA YOGA</b> ★ ★ SIMONA	
		17.30 - 18.30 <b>YOGA GRAVIDANZA</b> ROSALBA/LAURA	17.30 - 18.30 <b>VINYASA YOGA</b> ★ SIMONA	17.30 - 18.30 <b>VINYASA YOGA</b> ★ ★ DANIELA B.	
18.30 - 19.30 <b>VINYASA YOGA</b> ★ ★ DANIELA F.	18.30 - 20 <b>STILE CLASSICO</b> GABRIELLA	18.30 - 19.30 <b>VINYASA YOGA</b> ★ ★ LAURA	18.30 - 19.30 <b>VINYASA YOGA</b> ★ ★ DANIELA/GABRIELLA		
18.30 - 19.20 <b>TEEN YOGA GIOVANI</b> ROSSELLA	19 - 20 <b>VINYASA YOGA</b> ★ DANIELA B.				
19.30 - 21 <b>VINYASA YOGA</b> ★ ★ ★ ROSALBA	20 - 21 <b>PILATES</b> ALESSIA	19.30 - 21 <b>VINYASA YOGA</b> ★ ★ ★ ROSALBA	19.30 - 20.30 <b>VINYASA YOGA</b> ★ DANIELA		
			19.45 - 21.00 <b>FULL YOGA</b> ★ ★ ★ ROSSELLA		