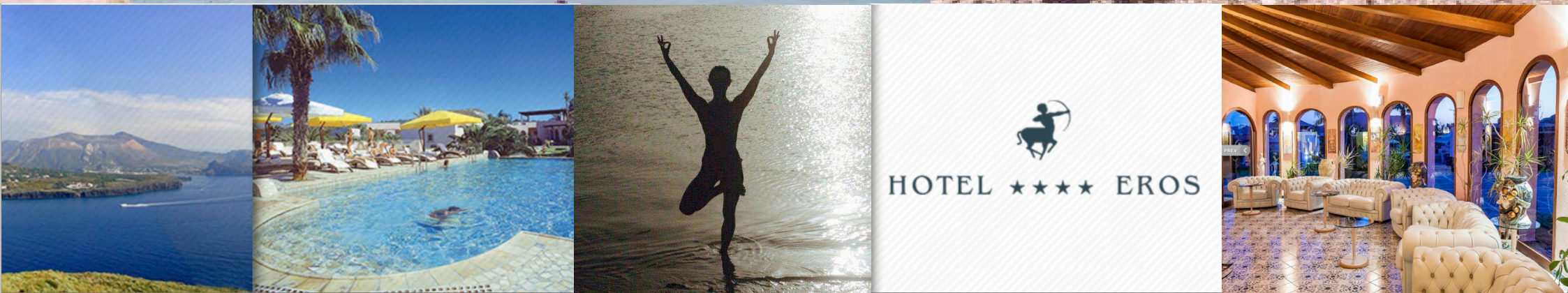




# SUMMER 2016 YOGA RETREAT

## Vulcano Island - Sicily - Italy



## 25th June - 2nd July

Relax, reconnect with nature and practice yoga at this gorgeous beach getaway with Studio Yoga.

Kick start your day with a dynamic vinyasa yoga practice, pranayama and meditation led by Rosalba Piarulli, assisted by Gandha Savio on the beach or in the resort's garden and wrap up the day with a relaxing practice at sunset.

Eros Hotel overlooks the mesmerising Levante Bay where the crystal waters are warmed by the many "fumaroles" underwater and on Gran Cratere view.

The Hotel features a superb and relaxing white marble pool and jacuzzi, a sunset terrace, indoor and out door lounges.

This retreat is open to yogis and yoginis at any level of practice.

Cost: 600€ per person

What's included: 7 nights-8 days Bed & Breakfast accommodation in double room and all yoga classes.

What's not included: flights and transfers from and to the airport.

Option to upgrade to half or full board.

Contact us for more details...

**STUDIO  
YOGA**

ASSOCIAZIONE SPORTIVA DILETTANTISTICA  
**EVOLUZIONE  
LISTICA**

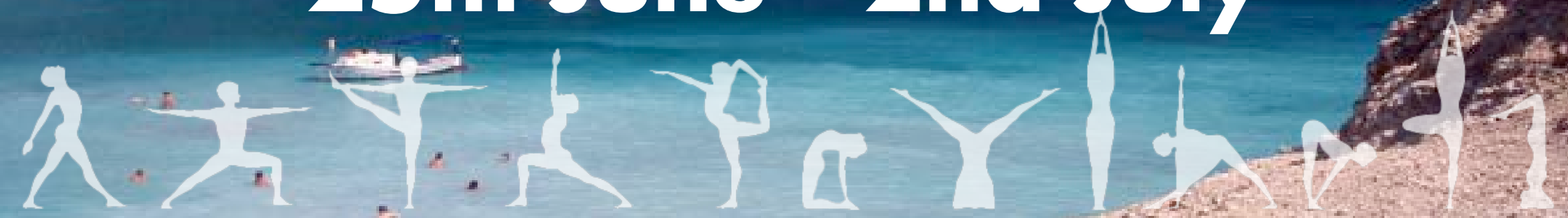
Gandha Savio +44 7593729332 - [gandha@studioyogabrescia.it](mailto:gandha@studioyogabrescia.it)  
[www.studioyogabrescia.it](http://www.studioyogabrescia.it)





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### About the teachers:

**Rosalba Piarulli**  
RYT-500, RPYT

Rosalba started practicing Yoga at the age of 14 in Italy. Since then she has been practicing and studying all aspects of Yoga, including asana practice, meditation, pranayama and Ayurveda.

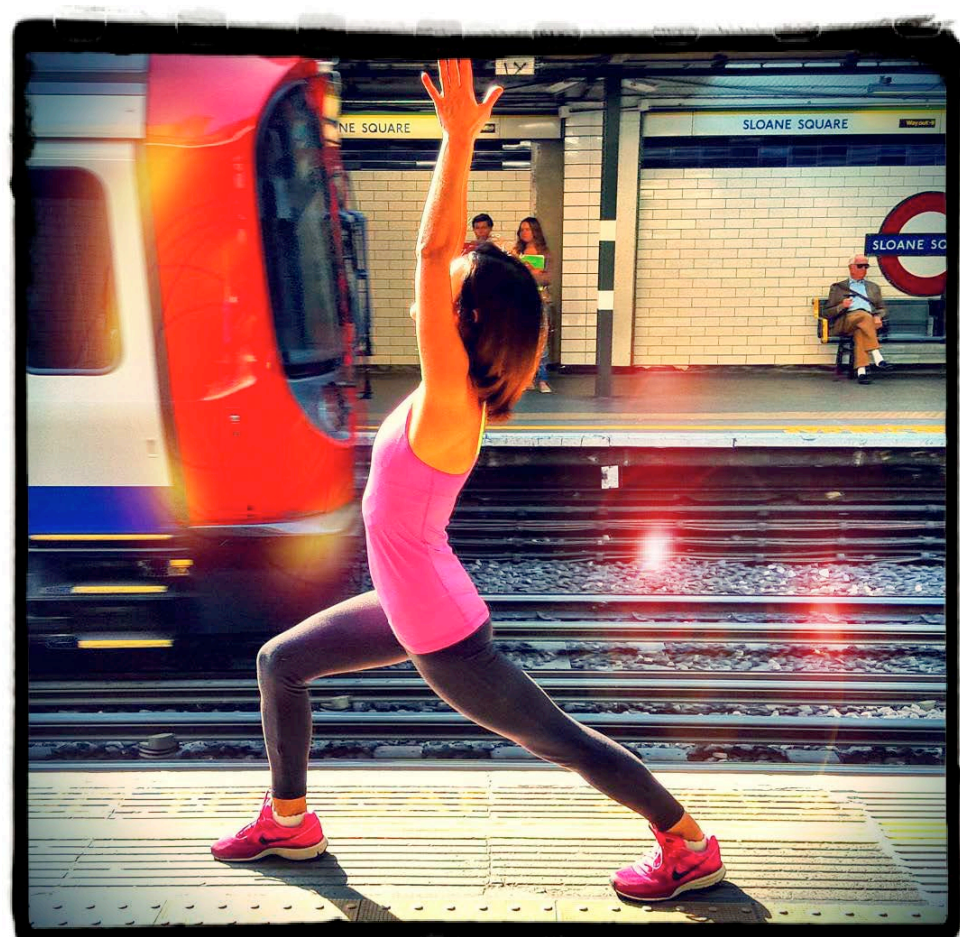
She has been teaching classes for over 20 years.

Rosalba also worked as a Physiotherapist, Shiatsu and Ayurveda Therapist for many years.

She has been teaching at Hari Om Yoga Teacher Training as a lead teacher of Ayurveda, Asana practice, Anatomy and Pranayama since 2008.

In 2010 founded Studio Yoga - Brescia, a successful Yoga studio in Northern Italy, offering a variety of classes: Vinyasa, Power, Restorative, Prenatal Yoga.

With a wealth of knowledge she can offer a safe and playful practice to students of all age and experience.



### Gandha Savio

Gandha has been practicing yoga for several years and is currently completing a 200 hour Yoga teacher training with Yoga London (RYS) due to finish in June 2016.

Italian, she has been living in London for over 7 years where she had the opportunity to practice with several international Yoga teachers: from David Swenson to Dharma Mittra, Kino MacGregor, Kathryn Budig...

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