

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
9 - 10.15 <b>VINYASA YOGA</b> ★★ ROSALBA/SIMONA		9 - 10.15 <b>VINYASA YOGA</b> ★ SIMONA	9 - 10.15 <b>ROCKET YOGA</b> ★★🚀 ROSALBA/SIMONA		9 - 10.30 <b>VINYASA YOGA</b> ★★
13 - 14 <b>VINYASA YOGA</b> ★★ ROSALBA	13 - 14 <b>VINYASA YOGA</b> ★★ GABRIELLA	13 - 14 <b>ROCKET YOGA</b> ★★🚀 ROSALBA	13 - 14 <b>VINYASA YOGA</b> ★★ GABRIELLA	13 - 14 <b>VINYASA YOGA</b> ★★ ROSALBA	<b>DOMENICA</b>
13 - 14 <b>VINYASA YOGA</b> ★ DANIELA		13 - 14 <b>VINYASA YOGA</b> ★ DANIELA/SIMONA	13 - 14 <b>POWER YOGA</b> ★★ ROSALBA/SIMONA	13 - 14 <b>VINYASA YOGA</b> ★ LAURA	9 - 10.30 <b>VINYASA YOGA</b> ★★
17-18 <b>YOGA ADOLESCENTI</b> ROSALBA	15 - 16.15 <b>HATHA YOGA PROPS</b> ★★ GABRIELLA	17.30 - 18.30 <b>YOGA GRAVIDANZA</b> LAURA/ROSALBA	17.30 - 18.30 <b>VINYASA YOGA</b> ★ SIMONA	15 - 16 <b>YOGA ORMONALE</b> ★★ SIMONA	
18.30 - 19.30 <b>VINYASA YOGA</b> ★★ SIMONA	18.30 - 20 <b>HATHA YOGA PROPS</b> ★★ GABRIELLA	18.30 - 19.30 <b>VINYASA YOGA</b> ★★ LAURA	18.30 - 19.30 <b>RESTORATIVE YOGA</b> ★★ DANIELA	16 - 17 <b>YOGA POST-PARTO</b> LAURA	
19.30 - 21 <b>VINYASA YOGA</b> ★★ ROSALBA	19 - 20 <b>VINYASA YOGA</b> ★ DANIELA	19.30 - 21 <b>ROCKET YOGA</b> ★★🚀 ROSALBA	19.30 - 21 <b>NEW</b> <b>VINYASA YOGA</b> <b>PER LO SPORT</b> ★★ MAURO MIGLIORATI	17.30 - 18.30 <b>NEW</b> <b>YIN YANG MANDALA</b> <b>YOGA</b> ★★ LAURA/SIMONA	
		19.45 - 21 <b>VINYASA YOGA</b> ★ LAURA			