

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
9 - 10.15 <b>VINYASA YOGA</b> ★★ ROSALBA/SIMONA	11 - 12 <b>VINYASA YOGA</b> MULTILIVELLO GABRIELLA	9 - 10.15 <b>VINYASA YOGA</b> ★ SIMONA	9 - 10.15 <b>ROCKET YOGA</b> ★★🚀 ROSALBA/SIMONA		9 - 10 <b>VINYASA YOGA</b> ★★ DA OTTOBRE
13 - 14 <b>VINYASA YOGA</b> ★★ ★ ROSALBA	13 - 14 <b>VINYASA YOGA</b> ★★ GABRIELLA	13 - 14 <b>ROCKET YOGA</b> ★★ ★ 🚀 ROSALBA	13 - 14 <b>VINYASA YOGA</b> ★★ GABRIELLA	13 - 14 <b>VINYASA YOGA</b> GABRIELLA/SIMONA MULTILIVELLO	<b>DOMENICA</b>
13 - 14 <b>VINYASA YOGA</b> ★ DANIELA		13 - 14 <b>VINYASA YOGA</b> ★ DANIELA/SIMONA	13 - 14 <b>POWER YOGA</b> ★★ ★ ROSALBA/SIMONA		9 - 10 <b>VINYASA YOGA</b> ★★ DA OTTOBRE
17-18 <b>YOGA ADOLESCENTI</b> ROSALBA	15 - 16.15 <b>HATHA YOGA PROPS</b> ★★ GABRIELLA				
18.30 - 19.30 <b>VINYASA YOGA</b> ★★ DANIELA	18.30 - 20 <b>HATHA YOGA PROPS</b> ★★ GABRIELLA	17.30 - 18.30 <b>YOGA GRAVIDANZA</b> LAURA/ROSALBA	17.30 - 18.30 <b>VINYASA YOGA</b> ★ SIMONA		
		18.30 - 19.30 <b>VINYASA YOGA</b> ★★ LAURA	18.30 - 19.30 <b>YOGA ORMONALE</b> ★★ SIMONA		
	19 - 20 <b>VINYASA YOGA</b> ★ SIMONA		18.30 - 19.30 <b>YIN YANG MANDALA</b> <b>YOGA</b> ★★ DANIELA		
19.30 - 21 <b>VINYASA YOGA</b> ★★ ★ ROSALBA		19.30 - 21 <b>ROCKET YOGA</b> ★★ ★ 🚀 ROSALBA	19.30 - 21 <b>NEW</b> <b>VINYASA YOGA</b> <b>PER LO SPORT</b> ★★ ROBERTA		